



phil's friends

cancer is strong. **hope is stronger.**

Care Package Needs

Adult items only please! **All items need to be new and unused**, because our friends with cancer have compromised immune systems. **Email info@philsfriends.org or call 224-653-8315 for the greatest need.**



LOTION

Fragrance-free;
5oz. or smaller



HATS

Knitted, crocheted,
baseball, etc.

FUZZY SOCKS

Womens
only



BIOTENE



6oz. or
smaller

GIFT CARDS

USED TO
PURCHASE NEEDED ITEMS



LIP BALM



DECKS OF PLAYING CARDS



PUZZLE BOOKS



JOURNALS



Size:
5x7
(not spiral
bound)

SINGLE TOOTHBRUSHES & TOOTHPASTE

(5 OZ OR LESS)



TISSUE PACKS



BLANKETS

Rolled throw
blankets, crocheted,
or fleece tied

See instructions on back.



HEADQUARTERS CROWN POINT HOPE CENTER: 1249 ARROWHEAD CT, CROWN POINT, IN 46307

WHEATON HOPE CENTER 213 W WESLEY ST, WHEATON, IL 60187

ADDISON HOPE CENTER 1150 N SWIFT RD, ADDISON, IL 60101

224-653-8315 | [INFO@PHILSFRIENDS.ORG](mailto:info@philsfriends.org) | [WEB: PHILSFRIENDS.ORG](http://WEB:PHILSFRIENDS.ORG)



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Fleece Blanket Instructions

1. Select fleece material for a two-sided blanket. When selecting the material, choose one that is patterned and one that is a solid coordinating color. Please purchase 1 1/4 yards of each fabric. (after it measures 40 x 60)
2. Spread out the material on a flat surface with the softer or more brightly colored sides facing out. Keep the fleece pieces together and trim the edges, if needed, to meet the size requirements. (be sure to remove selvage edges)
3. Cut out a 4"x4" square of fabric out of each corner. Make sure that you are cutting both pieces of fleece at the same time. After the square corners are cut, start cutting strips along the sides of the blanket. Starting at the corner, cut strips approximately 2/3 to 1" wide and 4" long. The strips don't have to be exactly uniform, but they should be approximately the same size.
4. Once your blanket fringes have been cut, tie the strips together using a simple knot, attaching the bottom layer to the top layer. Keep first knot slightly loose & tie the second knot securely. tight. You'll want to tie two knots in each strip.
5. When finished tying, trim the fringes, so that they are neat and even.

